

# Want to burn fat quicker and more efficiently? Here is the answer.

## Natural & Effective

New

# Lipocot

## GARCINIA CAMBOGIA + GREEN TEA



### What is Garcinia Cambogia?

Garcinia Cambogia, also known as Garcinia gummi-gutta, is grown for fruit in southeastern Asia, and west and central Africa. The fruit looks like a yellowish, greenish or reddish pumpkin is also commonly known as gambooge. In the Indian Ayurvedic medicine, "sour" flavors are said to activate digestion. In the areas where it is consumed, Garcinia Cambogia is considered to be effective in making meals more "filling", making the eater feel more satiated.

### Garcinia Cambogia; How Effective Is It?

The key ingredient of Herbal Slim Garcinia Cambogia is hydroxycitric acid (HCA). Studies conducted on HCA found that it supports weight management without affecting the nervous system. In the 1970s, studies of HCA on mice showed that HCA caused them to eat less. Additional studies on animals showed that Garcinia Cambogia Extract blocked an enzyme called, ATP-citrate lyase, which led to a reduction in carbohydrates converted to fat. It also appeared to reduce appetite.

### Is Garcinia Cambogia Safe?

HCA, the key ingredient in Herbal Slim Garcinia Cambogia Extract is all-natural because it comes from the fruit of Garcinia Cambogia. HCA is very similar chemically to natural citrate, known to be safe. Garcinia Cambogia reportedly does not have any known adverse effects in healthy adults, but there are some people who are advised not to take it. Children, pregnant and lactating women, those diagnosed with diabetes mellitus, liver diseases and people with Alzheimer's or other forms of dementia disease are among the groups of people who are not recommended to take Garcinia Cambogia Extract. As with any medication, Garcinia Cambogia Extract has the possibility of triggering an allergic reaction.



## 13 Health Benefits of Green Tea

1. Gives protection against cancer.
2. Speeds up weight loss.
3. Reduces breathing problems.
4. Lowers severity of rheumatoid arthritis.
5. Reduces high blood pressure.
6. Reduces the risk of heart diseases.
7. Helps in stimulating smooth digestion.
8. Reduces effects of obstructive sleep apnea

9. Reduces stress and depression.
10. Helps in fighting infections.
11. Boosts immune system.
12. Prevents alzheimer's
13. Prevents tooth decay.



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