



With

**3Vitals**





Dietary Supplement

Capsule

**Royal** food *Plus*

Coenzyme Q10.....60mg

Acetyl L-Carnitine.....300mg

Omega 3 .....100mg



Making Efforts to Create  
A Healthy Society

**Important For  
Normal Heart,  
Brain,  
& Muscle Function.**

*Give your body three vital heart nutrients in one single dose*

1

**Coenzyme Q10**

**Ubiquinol**

Active form of CoQ10 natural antioxidant essential for energy production

**L-Carnitine**

Boosts cellular energy

**Omega-3**

Supports cardiovascular health

2

**L-Carnitine**

3

**Omega 3**

**Directions Adults:**

Take one to two capsules daily as a dietary supplement or as recommended by your healthcare professional.

- ◆ Supports cardiovascular health.
- ◆ A constant supply of energy.
- ◆ Maintain healthy lipid levels and reduce inflammation throughout the body  
Controlling blood clotting and building cell membranes in the brain  
Promote healthy cholesterol levels that are already within normal ranges.
- ◆ No Fishy Smell, Aftertaste  
(American Heart Association recommends Omega-3 fatty acids for heart health, some people avoid Omega-3 supplements because of the unpleasant fishy taste)

**Accurate dosage recommended by the American Heart Association**

Marketed by:

**Metlife Health Care**

[www.metlifeint.com](http://www.metlifeint.com)

Manufactured by:

**Regimen**

12-km, Main Multan Road, Lahore.