



BIOTIN
5000 MCG COMPLEX FOR
HAIR, SKIN & NAIL HEALTH SUPPORT



Whole Food
Healthy
EXCLUSIVE

Biotin

The Beauty Nutrient
Supports Cellular Production
Support Energy Levels

It's time to Love your
Beauty
Again!



An important B7 Vitamin that promotes
healthy lustrous hair, skin,
and resilient nails

A Product of:
MatLife Health Care

5 Health Benefits Of BIOTIN

Biotin is a B-complex vitamin that has been recognized as a vital nutrient for centuries. It plays an essential role in many pathways of the metabolism.



Strengthen Hair and Nails

This vitamin averts hair loss. It also helps thicken nail cuticles and stops breakage. It is suggested to take biotin orally for optimal results.



Perk up The Health Of Your Skin

B vitamins play a key role in the functioning of nervous system & influence hormone functions. Hence, why depleting biotin levels, in turn they play a significant role in skin health.



Assist In Weight Loss

Biotin plays a pivotal role in sustaining metabolic functions & works as a co-enzyme for breaking the food, especially carbohydrates. Therefore, it's crucial to have supplement to a healthy diet and exercise.



Lower Cholesterol

Biotin help reducing LDL (bad cholesterol) levels, which if elevated can lead to heart disease including heart attack and stroke.



Regulates Blood Sugar

Biotin intake helps fighting with diabetes, particularly type 2. A chromium picolinate/biotin combination can improve glycemic control in overweight or obese individuals with type 2 diabetes.

Manufactured by:

Regimen[®]
NUTRACEUTICALS
12-Km, Main Multan
Road, Lahore.

A Product of:
MetLife Health Care