

BIOTIN 5000 MCG COMPLEX FOR HAIR, SKIN & NAIL HEALTH SUPPORT



Whole Food Healthy EXCLUSIVE

Biotin

The Beauty Nutrient
Supports Cellular Production
Support Energy Levels

It's time to Love your

Beauty Again!



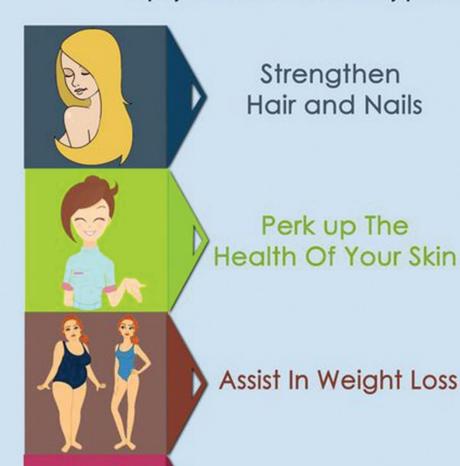
An important B7 Vitamin that promotes healthy lustrous hair, skin, and resilent nails

A Product of: MatLife Health Care

5 Health Benefits Of **BIOTIN**

Biotin is a B-complex vitamin that has been recognized as a vital nutrient for centuries.

It plays a essential role in many pathways of the metabolism.



This vitamin averts hair loss. It also helps thicken nail cuticles and stops breakage. It is suggested to take biotin orally for optimal results.

B vitamins play a key role in the functioning of nervous system & influence hormone functions.

Hence, why depleting biotin levels, in turn they play a significant role in skin health.

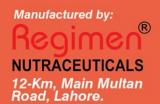
Biotin plays a pivotal role in sustaining metabolic functions & works as a co-enzyme for breaking the food, especially carbohydrates. Therefore, it's crucial to have supplement to a healthy diet and exercise.

Biotin help reducing LDL (bad cholesterol) levels, which if elevated can lead to heart disease including heart attack and stroke.

Biotin intake helps fighting with diabetes, particularly type 2. A chromium picolinate/biotin combination can improve glycemic control in overweight or obese individuals with type 2 diabetes.

Lower Cholesterol

Regulates Blood Sugar



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